

Autumn excellence



Pumpkins

Pumpkins have a low-calorie content, excellent nutritional values and many health properties. In Italy, they are cultivated mainly in the Northern regions, but they are consumed everywhere and used as basic ingredients in many different and tasty recipes. Despite their many shapes and types, all pumpkins have the same nutritional properties and health benefits.

SEASONALITY:

Varieties - Marketing areas and periods:

DELICA, PIACENTINA, UNGHERESE, MUSCADE DE PROVENCE, BUTTERNUT: May - 20th January / National

DELICA, MUSCADE DE PROVENCE, BUTTERNUT: 20th January / 30th April / Non-EU import

HALLOWEEN: October / National

ORNAMENTALE: September / End of November / National

Pumpkin pallet composition

Tray/Bulk weight	Type of packaging:	Type of recipe:	Packaging: no. pcs/pack	Packaging	Indicative weight Kg/pack	no. packs/pallet EURO 80x120	no. packs/pallet INDUSTRIAL 100x120
	2/3 PIECES BULK PACKAGE WITH RECIPE CUT IN WEDGES	CHRISTMAS		CART. 60x40x16	KG.11-12	N. 48	N. 60
		AUTUMN		CART. 60x40x19	KG.11-12	N. 40	N. 50
VARIABLE WEIGHT	CUT IN HALF			CART. 60x40x16 - CPR 6416	KG. 5	N. 48	N. 60
VARIABLE WEIGHT	DICED			CART. 30x40x16 - CPR 6416	KG. 6	N. 48	N. 60
400 GR.	HALLOWEEN with net bag and cut-out		N. 3-5	CART. 30x40x16 - CPR 3416	KG. 3,2	N. 96	N.120
	HALLOWEEN IN BULK			CART. 60x40x27 HALLOWEEN	KG. 13	N. 32	N. 40
				HALLOWEEN RECIPE CART. BINS 80x120	KG. 200	N. 3	

Nutritional properties:

This vegetable contains a lot of fibres, a good supply of Vitamin A and C, a decent measure of beta carotene and Omega3 (very useful to prevent and cure cardiovascular diseases) and minerals, including calcium, phosphorous, zinc and potassium.

Furthermore, pumpkins are rich in water and poor of fat/sugar, making it an ideal ingredient in low-calorie diets (15 kcal/100 g).

It is processed in our facility, at Via Einstein 31, Stanghella (PD) - Italy, where it is washed, brushed and packaged:

- Sliced and packaged in trays with heat-shrinkable plastic film.
- Packaged in crates with different recipes, Christmas themes and sealing wax.
- Packaged on pallets based on the customer's specific needs. We offer different types of carton sizes and colours.
- **Customized labelling upon request.**
- From September to October, Halloween pumpkin packaging in black net bag and cut-out.

Packaging examples:

CARTON (Muscade De Provence) 40x60



40x60 CARTON (Hungarian with Autumn recipe)



CRATE (Muscade De Provence) sliced in tray with heat-shrinkable plastic film

